

Naomi Hales, Zhineng Qigong Teacher in Frankfurt am Main



My name is Naomi and I love to share Zhineng Qigong with those who would like to enjoy a better quality of life and health by unfolding their inner wisdom and intuition through this practice.

I trained as a teacher and Hunyuan Qi therapist under Master Yuantong Liu who worked at the Huaxia 'medicine-less hospital' centre in China, and now teach internationally and online, further training to teach and share Mingjue awareness.

It's exciting to see each individual's increasing sense of inner peace and alignment, higher energy levels and general good health, physically, emotionally and mentally. The best part is the deep connection with one's inner self, others and nature in a time of outward divisions.

You are so welcome to come and enjoy a nourishing and restorative practice session together in the city centre of Frankfurt, every week at Balance Yoga, Bleichstraße 45, at 11:00 on Wednesdays or 17:00 on Thursdays at the Sachsenhausen branch.

I also teach online three times a week on Tuesdays at 18:30, Thursdays at 12:00 and Sundays at 20:00, all are welcome to drop in.

Please feel free to reach out to me by email or WhatsApp at any time:
n.hales@icloud.com
+44 (0)7508 202 734

www.qigong.love

Looking forward to connecting heart to heart, mind to mind, Hun Yuan Ling Tong HAOLA, HAO!

