

Naomi Hales, Zhineng Qigong Teacher in Frankfurt am Main



My name is Naomi and I live in Frankfurt, sharing Zhineng Qigong with everyone who would like to cultivate a better quality of life and health by unfolding their inner wisdom and intuition through this beautiful qigong practice.

I have been doing forms of qigong for over twenty years, and this form since 2015, training as a teacher and Hunyuan Qi therapist under Master Yuantong Liu who worked at the Huaxia 'medicine-less hospital' centre in China.

My journey with Japanese and British heritage has taken me to study permaculture in Africa, organic horticulture in London, and now onwards with the intention of helping humanity to come into a new balance with nature through qigong awareness.

You are so welcome to come and enjoy a nourishing and restorative practice session together in the city centre of Frankfurt, every week at Balance Yoga, Bleichstraße 45, at 11:00 on Wednesday mornings, in a powerful shared Qi-field...

I also teach online and help to facilitate retreats internationally. Please feel free to reach out to me by email or WhatsApp at any time:

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Looking forward to connecting heart to heart, mind to mind, Hun Yuan Ling Tong HAOLA, HAO!

